

# INTER-COUNTY NURSING SERVICE



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Inter-County Nursing Service has received notification from the Minnesota Department of Health of a confirmed COVID-19 case of an individual from Red Lake County, but is not currently residing in the county. The case was exposed outside of the county and at this time there is no known exposures to Red Lake County residents. The case continues to be investigated by the Minnesota Department of Health.

Despite the apparent absence of COVID-19 in our community, its important to remember that COVID-19 is circulating widely elsewhere in the state and is just a car-ride away from our community. We could see a case of the disease at any time and for that reason, it is important to continue to follow the recommendations to help prevent the spread of COVID-19, practice social distancing, frequently wash hands, cover coughs and sneezes and stay home when sick.

Learn more about the virus and ways to protect yourself, your family, and your neighbors at the CDC website <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

MDH has set up a public hotline that is open 7:00 a.m. to 7:00 p.m. The hotline number is: 651-201-3920. See MDH website for additional resources <https://www.health.state.mn.us/diseases/coronavirus/index.html>